

Office of Food & Nutrition
Okemos/Williamston/Haslett
4406 N. Okemos Road
Okemos, MI 48864

Breakfast Combo is offered **every** day at **every** school (check with your school for times). A complete breakfast consists of; two servings of a grain, one cup of a fruit (juice can be a fruit), one 8 oz milk. To qualify as a Combo Meal the student must take at least three of the four items and one item **MUST** at least be one half cup of a fruit.

Lunch Combo Meal includes: A Combo Lunch consists of a Protein, Whole Grain, Fruit, Vegetable and Milk. Your student may take all five components but must take at least three of the five components to qualify it as a "Combo Meal". A fruit and/or vegetable **MUST** be included as one of the three items...see below.

A Combo Meal consists of: **One** entrée (Protein and Grain), **Two** half cup servings of a fruit and a vegetable - or combination of both, (students **must** take at least one half cup of fruit and/or a vegetable - per federal guidelines). **One** 8 oz milk-Any flavor, (milk is not a required item but is the only drink that is included) and this will qualify as a Combo Meal.

This program does not include single items, extras or a la carte items such as additional milk, larger or specialty drinks, an extra entrée or snack items that are offered. Such items may be purchased with cash or you may put some extra money on their lunch account and it will be deducted as they purchase these additional items. Charging into the negative of a la carte items to their account is not allowed.

You can check your student's account, view details of purchases and balances by going to www.sendmoneytoschool.com. There is no fee to use this website for monitoring their accounts. You will need their 6 digit student ID number (disregard the first three zeros) to set up this account. This number can be found on report cards/class schedules or you can call my office or email me and I can get you that number.

Please feel free to contact me if you have any questions.

Sincerely,

Kristy Paul

Kristy Paul - Administrative Assistant
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Okemos/Williamston/Haslett Combined Services
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Prices for Reduced Meals Breakfast = \$.30 Lunch = \$.40 Per day

Only one Breakfast and Lunch per day is covered under this program. Any additional meals or extras must be paid for with cash.
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