



FEBRUARY | 2020

A+

Haslett High School

Join us for breakfast before school!! Full Paid \$2.00 - Reduced \$.30

Lunch \$3.10 to \$3.60 Reduced \$.40 Extra Milk \$.50 Adult \$3.95 - \$4.45

**** Chicken - (V) Meatless - * Turkey**

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

<p>3 Tyson Oven Baked Chicken Mega Bites Mashed Potatoes/Gravy Sweet Corn Biscuit/Honey</p> <p>Sliced Zucchini Tropical Fruit Fruit & Vegetable Bar</p>	<p>4 FRY BAR Top your fries with: cheese sauce, Chili, salsa, sour cream, mild peppers Soft Pretzel</p> <p>Sweet Peppers Peaches Fruit & Vegetable Bar</p>	<p>5 2 Soft Shell Tacos Taco Meat % & Cheese Lettuce, Tomatoes, Sour Cream Texas Ranchero Pinto Beans Mexi Rice</p> <p>Pears Fruit & Vegetable Bar</p>	<p>6 Pasta Bar Pasta with Meat Sauce % or Marinara Sauce (V) or Macaroni & Cheese (V) Garlic Bread Steamed Broccoli/Cheese</p> <p>Purple Grapes Fruit & Vegetable Bar</p>	<p>7 Homemade Calzones Cheese or Pepperoni</p> <p>Seasoned Green Beans</p> <p>Applesauce Fruit & Vegetable Bar</p>
<p>10 Popcorn Chicken Mashed Potatoes/Gravy Sweet Corn Dinner Roll - Butter</p> <p>Peaches Fruit & Vegetable Bar</p>	<p>11 Crispy Chicken, Bacon with Jack Cheese, on Bun or Panini Grilled Cheese</p> <p>Lettuce, Tomatoes & Pickles Broccoli Cheese Soup</p> <p>Celery Sticks Banana Fruit & Vegetable Bar</p>	<p>12 Cantina Bowl Taco Meat, Rice, Beans & Cheese Sour Cream, Salsa, and Guacamole Sauce Nacho Chips Roasted Black Beans & Corn</p> <p>Pears Fruit & Vegetable Bar</p>	<p>13 Pasta Bar Pasta with Meat Sauce % or Marinara Sauce (V) or Cheese Lasagna Roll Up (V) Garlic Bread Steamed Broccoli/Cheese</p> <p>Sugar Cookie Purple Grapes & Strawberry Cup Fruit & Vegetable Bar</p>	<p>14 No School K - 12</p> <p>Winter Recess</p>
<p>17 No School K - 12</p> <p>President's Day</p>	<p>18 Orange Chicken Steamed Rice or Fried Rice (V) Chicken Egg Roll Asian Vegetables Fortune Cookie</p> <p>Mandarin Oranges Fruit & Vegetable Bar</p>	<p>19 Nacho Tortilla Chips Taco Meat% & Cheese Sour Cream & Salsa</p> <p>Refried Beans Mexi Rice Mixed Fruit Fruit & Vegetable Bar</p>	<p>20 Pasta Bar Pasta with Meat Sauce % or Marinara Sauce (V) or Macaroni & Cheese (V) Garlic Bread Seasoned Green Beans Celery Sticks</p> <p>Mixed Fruit Fruit & Vegetable Bar</p>	<p>21 2 for 1 Hot Dogs*/ Bun Chili & Cheese Topping</p> <p>Seasoned Potato Wedges</p> <p>Cucumber Coins Purple Grapes Fruit & Vegetable Bar</p>
<p>24 Chicken Smacker Bites Mashed Potatoes/Gravy Corn Biscuit/Honey</p> <p>Cauliflower Bites Peaches Fruit & Vegetable Bar</p>	<p>25 Turkey Rueben or Veggie Burger/Pretzel Roll (V) Lettuce, Tomato & Pickles</p> <p>Waffle Fries Tomato Soup Clementine - Pineapple Fruit & Vegetable Bar</p>	<p>26 2 Soft Shell Tacos Taco Meat % & Cheese Lettuce, Tomatoes, Sour Cream Texas Ranchero Pinto Beans Mexi Rice</p> <p>Celery Sticks Pears Fruit & Vegetable Bar</p>	<p>27 Pasta Bar Pasta with Meat Sauce %, Marinara Sauce (V) or Chicken Alfredo Sauce (V) Garlic Bread Key West Vegetables</p> <p>Cucumber Coins Fruit Mix Fruit & Vegetable Bar</p>	<p>28 Chicken Wings Fresh Baked Biscuit Tater Tots</p> <p>Sauces for the Wings</p> <p>Steamed Broccoli & Cheese Applesauce Fruit & Vegetable Bar</p>

Meal Assistance

You are welcome to complete an application for meal assistance on line at www.lunchapp.com or return a paper application. The information you provide is confidential as well as your approval.

Deposits To Accounts

You can add money to your child's account or just view their account on line at: www.sendmoneytoschool.com. You can also send a check or cash with them to school.

Nutrition Bar

A ½ cup serving of fruit or vegetable must be taken with each meal.

Milk Included with each meal:
FF white or FF chocolate milk.

This institution is an equal opportunity provider and employer.

Nutrislice

Go to the app store and download the free app to view menus and nutrition information.