



# At FEBRUARY | 2020 Haslett Middle School

Join us for breakfast before school!! Full Paid \$2.00 - Reduced \$.30

Lunch \$3.10 Reduced \$.40 Extra Milk \$.50 Adult Lunch \$3.95 \* Turkey Product - \*\* Pork - \*\* Chicken - (V) Meatless - % Beef

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>3 Breakfast for Lunch</b> Dutch Waffle/Syrup with Sausages* or Cheese Omelet  Hash Brown Sweet Peppers Applesauce Fruit & Vegetable Bar	<b>4 Beefy Sloppy Joe/Bun</b>  Waffle Fries  Sugar Snap Peas Purple Grapes Fruit & Vegetable Bar	<b>5 Chicken &amp; Cheese or Cheese Quesadilla (V)</b> Sour Cream & Salsa  Texas Ranchero Pinto Beans Mexi Rice Sliced Pears Fruit & Vegetable Bar	<b>6 Pasta Bar</b> Pasta with Meat Sauce % or Marinara Sauce (V) or Chicken Alfredo Sauce/Pasta Garlic Bread  Green Beans Strawberry Cup Fruit & Vegetable Bar	<b>7 Orange Chicken or Fried Rice (V) with Egg Roll</b>  Steamed Rice Asian Vegetables Mandarin Oranges Fruit & Vegetable Bar
<b>10 Chicken Popper Bowl</b> Mashed Potatoes/Gravy Corn Dinner Roll - Butter  Celery Sticks Purple Grapes Fruit & Vegetable Bar	<b>11 Turkey &amp; Cheese Sub</b> Lettuce & Tomatoes Waffle Fries  Tomato Soup/Crackers  Zucchini Coins Pineapple Chunks Fruit & Vegetable Bar	<b>12 2 Soft Shell Tacos</b> Taco Meat & Cheese Lettuce, Tomatoes, Sour Cream Refried Beans Mexi Rice  Clementine Fruit & Vegetable Bar	<b>13 Pasta Bar</b> Pasta with Meat Sauce % or Marinara Sauce (V) or Macaroni & Cheese (V) Garlic Bread Key West Vegetable Blend  Sugar Cookie Strawberry Cup Fruit & Vegetable Bar	<b>14 No School</b> K - 12  Winter Recess
<b>17 No School</b> K - 12  President's Day	<b>18 Cheeseburger Sliders/Bun</b> Potato Wedges  Seasoned Green Beans  Sweet Peppers Mixed Fruit Fruit & Vegetable Bar	<b>19 Nachos</b> <b>Chips, Taco Meat % &amp; Cheese</b> Sour Cream & Salsa Refried Beans- Mexi Rice  Peaches Fruit & Vegetable Bar	<b>20 Pasta Bar</b> Pasta with Meat Sauce % or Marinara Sauce (V) or Cheese Lasagna Roll Up (V) Garlic Bread  Steamed Broccoli/Cheese Purple Grapes Fruit & Vegetable Bar	<b>21 Big Soft Pretzel</b> <b>Cheese Sauce &amp; Sunflower Seeds (V)</b>  Waffle Fries Cucumber Coins Mixed Fruit Fruit & Vegetable Bar
<b>24 Chicken Pot Pie</b> Mashed Potatoes/Gravy Dinner Roll - Butter  Sugar Snap Peas Peaches Fruit & Vegetable Bar	<b>25 Hot Dog/Bun</b> <b>Chili &amp; Cheese</b> Seasoned Potato Wedges  Celery Sticks Orange Wedges Fruit & Vegetable Bar	<b>26 Walking Taco</b> <b>Chips, Taco Meat % &amp; Cheese</b> Sour Cream & Salsa Refried Beans- Mexi Rice  Mixed Fruit Fruit & Vegetable Bar	<b>27 Pasta Bar</b> Pasta with Meat Sauce % or Marinara Sauce (V) or Macaroni & Cheese (V) Garlic Bread  Green Beans Strawberry Cup Fruit & Vegetable Bar	<b>28 Orange Chicken or Fried Rice (V) Egg Roll</b>  Steamed Rice Asian Vegetables Mandarin Oranges Fruit & Vegetable Bar

### Meal Assistance

You are welcome to complete an application for meal assistance on line at [www.lunchapp.com](http://www.lunchapp.com) or return a paper application. The information you provide is confidential as well as your approval. A new application must be completed each school year.

### Deposits To Accounts

You can add money to your child's account or just view their account on line at: [www.sendmoneytoschool.com](http://www.sendmoneytoschool.com). You can also send a check or cash with them to school.

### Nutrition Bar

A ½ cup serving of fruit or vegetable must be taken with each meal.

### Fun Lunch

Yogurt, string cheese and Goldfish Crackers, cereal or muffin are offered.

Milk Included with each meal: FF white or FF chocolate milk.

This institution is an equal opportunity provider and employer.  
**Nutrislice**

Go to the app store and download the free app to view menus and nutrition information.